



# RESOURCE

## DIRECTORY

*Health Check*  
(828) 837-3643

*Cherokee County Health Department*  
(828) 837-7486

HEALTH CHECK



## WHAT IS HEALTH CHECK?

Health Check is a Medicaid Program to improve routine preventive health care for children and teens from birth to age 21. Routine preventive health care throughout childhood enables children to receive all the shots needed to be protected from diseases and for health problems to be identified early on and treated. Routine preventive health care improves children's status and lowers their overall medical care costs. Health Check also provides free follow-up on both referrals and missed appointments for Medicaid eligible children to see that they receive the medical services they need.

## WHAT IS NC HEALTH CHOICE for children?

NC Health Choice for children provides free or low cost health insurance to uninsured children whose families cannot pay for private insurance and who do not qualify for Health Check.

**YOU CAN REACH YOUR  
LOCAL HEALTH CHECK COORDINATOR  
@ (828) 837-3643**

## **EMERGENCY CARE**

**Andrews Ambulance Service**  
(828) 321-4019

**Andrews Rescue Squad**  
(828) 321-3707

**Cherokee County Rescue Squad**  
(828) 837-7310

**Murphy Ambulance Service**  
(828) 837-2124

**State Highway Patrol**  
(800) 445-1772

**Murphy Medical Center**  
**Emergency Room**  
(828) 835-7515  
4130 US Hwy. 64E, Murphy, NC

**Urgent Care Center**  
(828) 837-4712  
Located at Valley Village Shopping Center  
Murphy, NC  
Minor emergencies  
Open 7 days a week and after hours

**EMERGENCY CARE & HOSPITAL**

## **HOSPITAL**

**Murphy Medical Center**  
(828) 837-8161

4130 US Hwy. 64 E, Murphy, NC

MMC offers care in these areas: Emergency Medicine, Family Practice, General Surgery, Internal Medicine, Obstetrics, Gynecology, Urology, Orthopedics, Dentistry, Optometry, Ophthalmology, Gastroenterology, Otolaryngology Surgery (Head & Neck), Oncology, Pulmonology, Pathology, Radiology, Podiatry, Cardiology, Pediatrics.



## IMMUNIZATIONS

### **Cherokee County Health Dept.**

(828) 837-7486

Provides free immunizations

Monday — Friday

8:00 a.m. - 11:30 a.m. and 1:00 p.m. - 4:30 p.m.

Also available at some area doctor's offices.

## WELL CHILD CHECK-UPS

### **Cherokee County Health Dept.**

(828) 837-7486

Provides well child physical by apt.

### **Chatuge Family Practice**

(828) 837-4201

Birth and older

### **Andrews Pediatrics**

(828) 321-7650

### **Blue Mtn. Family Practice**

**Deborah Quigley, MD**

**John Quigley, MD**

(706) 745-4191

### **High Mountain Health**

(706) 745-2229

### **Peachtree Pediatrics**

(828) 837-2128

### **Sylva Pediatrics Associates**

(800) 836-2255

### **Mahmood Siddiqui, MD**

(423) 496-9214

### **Frank Wood, MD**

(706) 492-3241

### **David Breedlove, MD**

(706) 745-3333

### **Gregory McHan, MD**

9706) 632-4411

CHILD HEALTH

## DENTAL CARE

### **Donald W. Ambler, DDS**

(828) 321-1444

Accepts NC Health Choice and  
most other dental insurance.

### **Far West Dental Clinic**

(828) 837-1397

Serves Cherokee & Clay counties.

Accepts Medicaid & NC Health Choice.

### **Tom Mims, DMD, PA**

**Tina Woods, DMD, PA**

(828) 837-3577

### **Forrister Orthodontics**

**Melanie Forrister, DDS., MS**

(828) 835-3128

Practice limited to orthodontics

## EYECARE

### **FL Abernathy, OD**

(828) 837-2286 Murphy, NC

### **Andrews Family Eye Care**

(828) 321-2020

Toll Free (877) 409-5451

### **Keith Clay, OD**

(828) 837-2014

### **Daniel Eichenbaum, MD, PA**

(828) 837-5404

Provides family eye care, 24 hour  
emergency care and on-call services,  
surgery of the eye, treatment for  
Diabetic Retinopathy, Glaucoma and  
other eye disease, eye injury, laser and  
outpatient Micro-Surgery.

### **Peachtree Family Eye Care**

(828) 837-1000

Toll Free (877) 476-1410

## **SAFETY**

**EMERGENCY NUMBERS** Fire ..... 911  
Police ..... 911 Ambulance ..... 911  
Sheriff ..... 911 Poison Control ..... 911

## **FIRST AID & CPR**

**American Red Cross** — (828) 258-3888  
Disaster services

**Tri-County Community College Continuing Education**  
(828) 837-6810

**SAFETY & FINANCIAL ASSISTANCE**

## **CHILD ABUSE & NEGLECT**

**Cherokee County Dept. of Social Services**  
(828) 837-7455  
Protective services for children and adults.  
Also provides emergency assistance.

**Murphy Counseling Services**  
(828) 835-7372  
Counseling for children and families.

**REACH**  
(828) 837-8064  
Provides 24 hour crisis line for emergency  
counseling for victims of domestic violence.

**Guardian AD-Litem**  
(828) 837-8003  
Mary May  
17 Peachtree St.-Suite C, Murphy, NC 28906

**Mary Ricketson, MA, Ed.**  
(828) 837-4107  
Counseling for children & families.

**Smoky Mtn. Center**  
(828) 837-7466  
Counseling for children and families.

## **RECREATION**

**Cherokee County Recreation & Parks Dept.**  
Murphy (828) 837-6617  
Andrews (828) 321-5416

**NC Cooperative Extension Service**  
(828) 837-2917 or (828) 837-2210

**Public Library** — provides story hour weekly  
Murphy (828) 837-2417 Mondays  
Andrews (828) 321-5956 Wednesdays

**Nantahala Regional Library**  
(828) 837-2025

## **FINANCIAL ASSISTANCE FOR HEALTH CARE**

**Cherokee County Dept. of Social Services**  
(828) 837-7455  
A free or low cost Blue Cross Blue Shield insurance policy available to non-Medicaid eligible children who qualify.

**Health Check &  
NC Health Choice for children**  
(828) 837-3643  
Call the Health Check Coordinator for information



## TRANSPORTATION

### **Cherokee County Dept. of Social Services - Service Unit**

(828) 837-7455

Provides transportation for health care needs to eligible clients.

### **Cherokee County Transit**

(828) 837-2467 • Monday — Friday 7:30 a.m. to 4:30 p.m.

Cherokee County Transit, utilizing existing routes, provides general public transportation to residents of Cherokee County on a limited basis with prior notification.

TRANSPORTATION & IMMEDIATE NEEDS

## FOOD & EMERGENCY SHELTER/HOUSING

### **Cherokee County**

#### **Emergency Food Bank, Inc.**

Provides emergency food for people referred by DSS, ministers, churches, REACH, and the sheriff's department.

Tues. and Friday 1:00 to 3:00 p.m.

### **Andrews Food Bank**

Provides emergency food and commodities for those who qualify. Referrals are made by Social Services, ministers and churches.

Tuesday & Saturday 10:00 a.m. to 12:00

### **Hurlburt-Johnson Home — (828) 837-9230**

Provides temporary housing for people who are temporarily homeless.

### **Reach**

(828) 837-8064

Provides emergency housing for victims of domestic violence and sexual assault.

### **Cherokee County Health Dept.**

(828) 837-7486

WIC program provides food supplements to eligible clients.

### **Cherokee Co. DSS**

(828) 837-7455

Provides food stamps for eligible families.

### **Four Square Comm. Action (HUD)**

Andrews (828) 321-4475

Murphy (828) 837-7318

### **Local Housing Authority (HUD)**

Andrews (828) 321-5257

Murphy (828) 837-6662

## CLOTHING

### **American Red Cross — (828) 258-3888**

Disaster services

### **Flea Market**

Located downtown Murphy - corner across from McDonald's & First Baptist Church

### **REACH Thrift Store — (828) 837-7570**

Monday — Friday 10:00 a.m. to 5:00 p.m.

Saturday 10:00 a.m. to 3:00 p.m.

### **Sparrow's Nest — (828) 837-2615**

Murphy First Baptist Church

## SPECIAL NEEDS

**Allergy & Asthma Information Hotline** — (800)-822-2762  
Information and education provided after physician referral received.

**Childbirth Classes Cherokee County Health Dept.** — (828) 837-7486  
Tuesday night 7:00 - 9:00 p.m. - call to register.

**Child Services Coordination Cherokee County Health Dept.** — (828) 837-7486  
Provides free help to eligible children in finding services/programs to meet their needs.

**Cystic Fibrosis Foundation** — (800) 682-6858  
Assist families of children with Cystic Fibrosis by providing education and research.

**Developmental Evaluation Center** — (828) 837-7496  
Specializes in young children and their development. Resources such as: Physical, Occupational, Speech Therapies, Developmental Pediatrician and Referrals.

**Diabetic Education Cherokee County Health Dept.** — (828) 837-7486  
Jean Bennett, RN, Diabetic Educator provides information regarding diet, and other topics of interest to persons with Diabetes.

**Family Support Network** — (800) 852-0042  
Provides information on disabilities, makes referrals to local resource or support groups, parent-to-parent programs. Spanish person on staff.

**Lions Club** — (828) 321-4911  
Provides funds for the purchase of glasses, white canes for the visually handicapped, and hearing aids.

**Muscular Dystrophy Association** — (828) 254-8919  
Provides free clinics, orthopedic appliances, summer camps, transportation, therapy, and support groups.

**NC Division of Services for the Blind** — (828) 586-5546 or (828) 837-7455  
Provides state supported programs of medical, independent living and rehabilitation services.

**Shriners Children's Hospital** — (800) 237-5055  
Provides free hospital care for eligible children who need orthopedic care or burn treatment.

## COUNSELING

**Murphy Counseling Services**  
(828) 835-7372  
**Stephen E. French, LCSW**  
**Dr. Leila P. Menon, PSY.D**  
Children, adolescents, & adults, individuals, couples & families, women's issues and substance abuse.

**Mary Ricketson, MA, Ed.**  
Counseling services for families and individuals.  
Accepts NC Health Choice.

**Smoky Mountain Center**  
(828) 837-7466  
24 Hour Crisis Line (800) 849-6127  
Provides counseling services for individuals and group sessions, case management, inpatient and outpatient services for all ages, & family counseling.

SPECIAL NEEDS



## DAY CARE

CHILD CARE

### **A Bright Start**

(828) 835-9939 • 512 Conaheeta Street, Murphy

### **Murphy Early Education Center**

(828) 837-8094 • 1228 Andrews Rd., Murphy

### **Murphy First Baptist Daycare**

(828) 837-4330 • 517 Hiawassee Street, Murphy

### **Power Partners, Inc.**

(828) 321-2350

After school program

### **Ranger Child Development**

(828) 837-5437

### **Southwestern Child Development Commission, Inc.**

(828) 837-9155

Operates five centers in Cherokee County.

### **Tiny Tots Creative Learning Center**

(828) 321-4814 • 90 Graham Street, Andrews, NC

### **Valley River Learning Center**

(828) 837-6934 • 2176 Airport Road, Marble, NC

### **West Andrews Child Development**

(828) 321-2203 • 445 West Main Street, Andrews

## PRESCHOOLS

### **Cherokee County Public Schools • Pre-K Programs**

(828) 837-2722

*In all Cherokee County Elementary Schools*

Andrews (828) 321-4415

Marble (828) 837-5485

Murphy (828) 837-2424

Ranger (828) 644-5111

Hiawassee Dam (828) 644-5115

Martins Creek (828) 837-2831

Peachtree (828) 837-2479

### **Headstart**

(828) 321-4475

*Operates two centers in Cherokee County*

Andrews (828) 321-0641

Murphy (828) 837-9749

### **TLC Montessori School**

(828) 835-3176



## OBSTETRICS & GYNECOLOGY

**Chatuge Family Practice** — (828) 837-4201

**Larry Holder, MD, FACOG** — (828) 837-5155  
Ages 10 and older - age 8 if problems

**Nantahala Women's Health Care**  
**Jenkins Clarkson, MD, Ph.D.** — (828) 835-3202

**OB/GYN & FAMILY HEALTH**

## FAMILY PRACTICE/INTERNAL MEDICINE

**Andrews Internal Medicine** — (828) 321-4510

**Gary Roper, MD**  
Children ages 10 and older

**Chatuge Family Practice** — (828) 837-4201  
**Teresa Heavner, MD**  
**Matthew Molison, D.O.**  
**Daniel Stroup, MD**  
**Nathalie Szilagyi, MD**

**Thomas Clayton, MD** — (828) 321-5159

**Hunter Hanson, D.O.** — (828) 321-9800

**MMC Physician Care** — (828) 837-4222  
**Rashid Kahn**

**Robert Moreland, MD** — (828) 837-7997

**Murphy Family Health** — (828) 837-1818  
**Stephen Zimmer, MD**

**Peachtree Internal Medicine** — (828) 837-8131  
**Jeffery Larson, MD**  
**Brian Mitchell, MD**

**Benjamin Philpott, MD** — (706) 745-2158

**Mahmood Siddiqui, MD** — (423) 496-9214

## UROLOGY

**Ziyad Mugharbil, MD, PA**  
(828) 837-7513

## EARS, NOSE & THROAT

**Daniel Morrison, MD, PC**  
**Wendy Smith, MD**  
(828) 835-3131 — Head and Neck Surgery

## PHARMACIES

**Kerr Drug, Andrews**  
(828) 321-5801

**Kerr Drug, Murphy**  
(828) 837-5512

**King's, Murphy**  
(828) 837-7474

**Wal-mart**  
(828) 837-8804

**Turner Family Pharmacy**  
(828) 321-3327

**Parker's, Peachtree**  
(828) 837-4145

**Parker's, Murphy**  
(828) 837-2318

## EMPLOYMENT

**Employment Security Commission Job Service** — (828) 837-7407

**NC Vocational Rehabilitation** — (828) 837-6218 or (828) 837-7261  
Provides employment training for disabled or handicapped adults.

**Tri-County Community College** — (828) 837-6810  
How to get and keep a job; Money Management; Applications/Resumes  
*Ask for Human Resources Department*

**Industrial Opportunities, Inc. (IOI)** — (828) 837-9066  
Provides employment training for disabled or handicapped adults.

**Women's Resource Center** — (828) 837-2097  
Provides help for women to build skills in obtaining and maintaining employment and other personal growth opportunities. Assists with preparing resume.

## EDUCATION

**Cherokee County Schools • Central Office** (828) 837-2722

	Elementary	Middle	High
Andrews	(828) 321-4415	(828) 321-5762	(828) 321-5415
Hiawassee Dam	(828) 644-5115		
Marble	(828) 837-5485		
Martins Creek	(828) 837-2831		
Murphy	(828) 837-2424	(828) 837-9371	(828) 837-2426
Peachtree	(828) 837-2479		
Ranger	(828) 644-5111		

**Mountain Youth Center**  
(828) 837-6775

**The Learning Center Charter**  
(828) 835-7240 (*grades K-8*)

**Seventh Day Adventist School**  
(828) 837-5857

**Tri-County Community College**  
(828) 837-6810

GED test preparation; English as Second Language; Reading; Math; Typing.  
*Ask for: Adult Basic Skills Department*

## MATERNAL EDUCATION

**Cherokee County Health Department**  
(828) 837-7486  
Maternal care coordination services, provides coordination of services and resources to respond to the health care needs of pregnant women. Prepared childbirth classes, breastfeeding information provided and birth control information.

**Family Resources of Cherokee County**  
(828) 837-3460  
Parents as Teachers, Family Advocacy, Family Support Network, Family Preservation, Family Fun Activities, Information and Referral.

EMPLOYMENT & EDUCATION